

### Our Research Team

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# MOTHERS OFFERING MENTORSHIP AND SUPPORT (MOMS)

*Supporting Mother-Infant Relationships Affected by Postpartum Depression*



Child Health  
Intervention &  
Longitudinal  
Development  
(CHILD)  
Studies  
Program

### NB Community Advisory Committee

R Willemsen	Public
J Chamberlain	Outpatient Women & Children's Health Clinic, South-East RHA
L Kennedy	Social worker, MFRC
MJ Phillips	Public Health Nurse, DHW
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L Beebe	Director, Early Intervention
S Landsburg	Community Health Nurse St. Mary's CHC
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B Whitenect	Director, Child & Adolescent Services, FCS
S Bulmer	Early Childhood & School- Based Services, FCS
P Bryne	Therapeutics Services, RVH
B Godbout	Maternity Social Worker, RVH
D Snow	Psychologist, RVH
B Toner	Outreach Social Worker, RVH
C Russell	Maternal Child Nursing, RVH
J McIssac	Nurse Manager, Maternity, RVH
G Geldart	VP Hospital Care & Chief Nursing Officer, RVH
P Cartwright	Director, Mental Health
T Ryan	Executive Director, CMHA
J McBrine	Executive Director, CMHA
K Patterson	Intake Nurse, Mental Health
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### HAPPY NEW YEAR! We have some important new developments to report about the MOMS program!

- 12 mother-infant pairs have been recruited in New Brunswick. recruitment of mothers for the study has begun in our partner site of Edmonton, Alberta.
- Ethics approval has been obtained in NB from the University of New Brunswick (Central Ethics Board and Faculty of Nursing Review Board), River Valley Health Authority and South-East Health Authority. In Alberta, ethics approval has been obtained from the University of Alberta Health Research Ethics Board B and Capital Health Authority in Edmonton.
- 11 mentors have been trained in Fredericton & Moncton, 8 have been trained in Alberta. Our mentors have described the training and mentoring as positive experiences.
- Recruitment has been challenging. Due to this challenge, the MOMS study will be extended beyond the original three years in order to obtain the 52 participants needed in NB.
- We have been meeting with Public Health officials in Moncton & Fredericton to pursue the possibility of screening all mothers who present at Pediatric Immunization Clinics (PICs) for PPD using the Edinburg Postnatal Depression Scale (EPDS). We have offered to fund a nurse who will be responsible for screening and appropriate follow-up, whether or not the mother chooses to participate in the MOMS program. This will also enable us to determine the prevalence of PPD in mothers who access public health nursing services.

Comments / Questions? Contact Linda Duffett-Leger, Project Director, at 506-452-6160 or [lduffett@unb.ca](mailto:lduffett@unb.ca)

*The MOMS study is community-based research investigating the impact of a home-based peer support intervention for mothers & their infants affected by postpartum depression (PPD). This study will help establish the link between support for maternal care giving, maternal-infant interaction, infant neuroendocrinology, & infant cognitive & social development.*