We have some important new developments to report about the MOMS program!

- Ethics approval has been obtained in NB from the University of New Brunswick (Central Ethics Board and Faculty of Nursing Review Board), River Valley Health Authority, South-East Health Authority & Beausejour Health Authority.

- 18 mother-infant pairs have been recruited in New Brunswick. Recruitment of mothers for the study is well under way in our partner site: Edmonton, AB

- 11 mentors have been trained in the Fredericton & Moncton areas. A meeting with the Fredericton mentors has been scheduled for June to refresh their training.

- Due to the challenges with recruitment, the MOMS study will be extended beyond the original three years in order to obtain the 52 participants needed in NB. The MOMS Program will be offered for an additional 18 months.

- We are currently funding two screening nurses at the NB Public Health Pediatric Immunization Clinics (PICs). Paula Colter (Fredericton) & Denise Long (Moncton) will be responsible for screening all mothers and providing them with information regarding community resources including the MOMS Program. This will also enable us to determine the incidence of PPD in mothers who access the PICs.

Comments / Questions? Contact Linda Duffett-Leger, Project Director, at 506-452-6160 or lduffett@unb.ca

The MOMS study is community-based research investigating the impact of a home-based peer support intervention for mothers & infants affected by postpartum depression (PPD). This study will help establish the link between support for maternal care giving, maternal-infant interaction, infant neuroendocrinology, & infant cognitive & social development.

Have a Safe and Happy Summer!