



# CHILD Program

Jan/Feb 2009

Quarterly Newsletter

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Feel free to send this to anyone you think may be interested.

Want to join our listserv? Want to be removed from our listserv?  
Contact: [natalie.weigum@unb.ca](mailto:natalie.weigum@unb.ca)

We welcome your comments!

Please visit our website for more information: **visit our website at** [www.unbf.ca/nursing/child/](http://www.unbf.ca/nursing/child/)

## 1. Introducing our Quarterly Newsletter!

Welcome! We have sent this to you because you have been an important part of the success of the CHILD Studies Program at UNB. You may have been part of a study, or helped in some way with a study or just been interested in what we do; this is our way of thanking you for your past involvement. We would like to ring in the new year by giving you an update with our current work and our plans for the year to come.

## 2. What is the CHILD Studies Program?

CHILD stands for Child Health Intervention and Longitudinal Development Studies Program. We work hard to find out what we can do to support children and their families affected by risky conditions. Faculty of Nursing Professor, Dr. Nicole Letourneau ([nicolel@unb.ca](mailto:nicolel@unb.ca)) is the Principal Investigator.

## 3. Research Updates

### **MOMS Study** *Project Director:* Linda Duffett-Leger ([lduffett@unb.ca](mailto:lduffett@unb.ca)), (506) 452-6160

Three years after beginning this study, 64 mothers and their babies were recruited for the MOMS study! The full report of the findings of the effect of this support program for mothers with Postpartum Depression will be prepared in the New Year. In the meantime, data from our PPD screening program revealed that 22% of moms in Fredericton and 18% of Moncton moms had symptoms of PPD. We shared these findings with the Mental Health Review Task Force and recommended a revised services for families affected by PPD.

### **DADS Study** *Project Director:* Penny Tryphonopoulos ([penny.tryph@unb.ca](mailto:penny.tryph@unb.ca)), (506) 447-3043

The pilot study has been completed and our thanks go out to everyone who was involved. Great news, our recent application to the Canadian Institutes of Health Research (CIHR) for funding was successful! This will help us in taking the next step to further this research on the support needs of fathers affected by their partners' PPD. We will begin recruiting for this study soon!

**If you would prefer to receive this by email, please email [natalie.weigum@unb.ca](mailto:natalie.weigum@unb.ca)**