



# CHILD Program

April/May 2009

Quarterly Newsletter

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Please contact:  
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Please visit our website for more information: **visit our website at** [www.unbf.ca/nursing/child/](http://www.unbf.ca/nursing/child/)

Mothers with postpartum depression say their partners are their #1 source of support

**DADS ARE #1**

Please call 1-888-790-1777 or 506-447-3043 for more information about taking part in a study about Dads and postpartum depression. Confidentiality is assured.



## Research Updates

**MOMS Study** *Project Director:* Linda Duffett-Leger ([lduffett@unb.ca](mailto:lduffett@unb.ca)), (506) 452-6160

The MOMS study has finally completed recruitment with data collected from a total of 66 mothers and their babies! We are anxious to finish the analysis and share our findings with you and the public. You can expect the results to be ready to share by the next newsletter, so keep an eye out!

**DADS Study** *Project Director:* Penny Tryphonopoulos ([penny.tryph@unb.ca](mailto:penny.tryph@unb.ca)), (506) 447-3043

We are continuing to recruit for dads in New Brunswick and will soon be expanding recruitment to Edmonton, Toronto, Calgary and Ottawa. A report on the findings of the pilot study has been drafted and we are looking forward to sharing the results. Preliminary findings suggest that fathers felt "left out" of the care for their partners with postpartum depression. They believed that more information and public awareness was needed for both new mothers and new dads about the risk and realities of PPD.

**The Mothering Study** *Project Director:* Katie Young ([kyoung@unb.ca](mailto:kyoung@unb.ca)), 1-888-639-1555

Did you know that 1 in 4 women are affected by violence from a partner in their lifetimes? Our study of moms affected by domestic violence has recruited a total of 25 services providers and 49 mothers. We are in the final stages of this study and are pushing hard to find more moms with children under 3 years of age before the study ends in Spring 2009. These wonderful moms are helping us to improve community support programs for other moms and their kids.

## **The Health of Mothers and Children: Recruiting Moms Now!**

The universities of Alberta, Manitoba, and New Brunswick have recently received funding to study women's knowledge of various health conditions related to motherhood and early childhood. In this study, we are focusing on postpartum depression and childhood asthma. We would like to understand how much women know about these conditions - what causes them, how widespread they are, whether they are related to each other. Information will be obtained by asking women to answer a previously-tested web survey, which will guarantee anonymity of the person completing it. If you are interested in participating, please go to <http://alturl.com/7wse>. If you would like additional information about this study, please contact Linda Duffett-Leger (contact info listed above).

If you would like to receive future newsletters via email, please contact Natalie at [natalie.weigum@unb.ca](mailto:natalie.weigum@unb.ca)

